

Circulatory System

Transport Hormones Platelets	Tobacco Heart Capillaries	Oxygen Four Plasma	Waste Lungs White blood cells	Exercise Arteries Red blood cells	Stress Veins Red blood cells	Germ fighters Healthy diet Nutrients
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Circulatory system allows the body to _____ materials from one place to another. These materials are carried in the blood. The heart pushes blood through blood vessels. Your blood carries many different kinds of materials throughout your body. They are: _____, _____, _____, _____, _____.

In the circulatory system, blood is pumped from the _____ to the body cells and back to the heart. To refuel blood with oxygen it travels to the _____, then back to the heart to begin its journey again.

The heart is a very strong muscle. It has _____ chambers, or parts.

Structure of the Circulatory System

_____ carry oxygen-rich blood away from the heart and _____ carry oxygen-poor blood toward the heart. The branches of the arteries and veins become smaller as they go away from the heart. _____ connect the smallest arteries with the smallest veins.

Parts of the blood

_____ is made up of about 92% of water.
_____ carry oxygen to all other cells of the body.
_____ help to destroy disease germs that enter the body.
_____ help your blood clot.

Keeping Your Circulatory System Healthy

_____. It prevents clogged blood vessels, high blood pressure.
_____. Tension strains your heart and blood vessels.
_____. It helps heart and circulation.
_____. It reduces amount of oxygen in your arteries.

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